



## This month we would like to shout out the Stibnite Foundation!

Thank you, Stibnite Foundation, for empowering Idahoans across the West Central Mountains by providing funds to benefit people, the environment and communities within our region. YAC wants to express our profound gratitude for the grant provided to support our Youth Summit This Fall. This event would not have been possible without your support for these youth.

To learn more about the Stibnite Foundation and how they support our community click the button below.

**LEARN MORE HERE**



Photos from the Annual Youth Summit hosted October 2024

## November Planet Youth & Community Events!

- 11/4/24: WCM Economic Summit
- 11/4/24: Cascade Church Jr. High Youth Group
- 11/9/24: FREE Dance Lessons
- 11/9/24: Brundage Pray for Snow Party
- 11/11/24: Meadows Valley PY Chili Feed
- 11/13/24: New Meadows Bingo @ Community Center
- 11/16/24: 2nd Annual Hoe Down Fundraiser
- 11/20/24: Youth Creating Holiday Tree Lanterns
- 11/21/24: Meadows Valley Planet Youth Coalition Meeting
- 11/23/24: Annual Shred Shed
- 11/28/24: Annual Turkey Trot

Click on the underlined events to be directed to more information

**CHECK OUT OUR NEW LOCALS CALENDAR  
 CREATED BY JOSH HURLEY IN CASCADE**  
<https://westcentralmountainyouth.org/calendar/>

## Kindness Campaign

### Community Champions Spread KINDNESS

Planet Youth has launched a Kindness Campaign to honor community champions throughout our Region.





#### Aerin Anderson

Aerin Anderson was nominated by a local Youth at our recent Youth Summit. Aerin is always giving out kindness, whether that be from her smile or the way she talks so kindly to everyone she meets! Planet Youth By YAC is so thankful to have her on their team and seeing her creativity shine in everything she does. She works with our youth in local communities and spreads her kindness everywhere she goes. Thank you, Aerin for always being you! You rock!

\*Know someone we should feature? Nominateme here\*

Sponsored by: PLANET Youth by YAC



**NOMINATE HERE**



Join Us To Get an Update!

# Chili FEED

**Meadows Valley Coalition**

**MONDAY, NOVEMBER 11**  
5:30-7PM

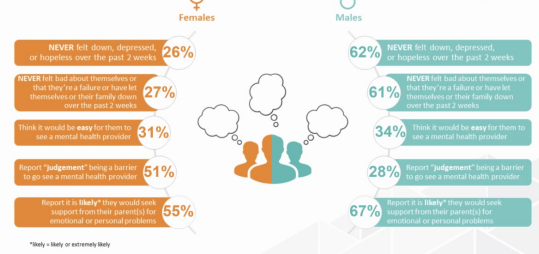
**ALL ARE WELCOME  
COMMUNITY MEMBERS  
KIDS & PARENTS**

Meadows Valley  
Community Center

**Help celebrate the veterans!**



## Wellbeing



## Did You know...

51% of local youth report Judgment being a barrier to go see a mental health provider? For more local data click the link below

[LOCAL DATA](#)



**Did you know?**  
Local youth, ages 13-16 recently reported ...

- 30%** Tried Alcohol at age 13 or younger
- 16%** Have used an e-cigarette
- 12%** Have used cannabis



To see more local data from our youth, or to check out community resources, visit [www.PlanetYouthWCM.org](http://www.PlanetYouthWCM.org)

## PLANET YOUTH UPDATES

As Planet Youth begins to grow in each individual community we have so much to share, to view our monthly updates and upcoming meeting follow the links below.

- [Cascade](#)
- [McCall](#)
- [Donnelly](#)
- [Meadows Valley](#)
- [Tri-Valley](#)

**TRAINING CENTER**

If you or someone you know is interested in learning more on how to help others please take a look at our eLearning resource page in the link above.

## GET INVOLVED

Help us inspire, educate and promote healthy youth in our community. YAC is a 501(c)3 Non-Profit Organization.



**Support YAC by Becoming A YAC Sponsor!**  
GET INVOLVED FOR OUR YOUTH!

Help Our Youth Thrive by Supporting Planet Youth Today! By donating today, you will be making an incredible impact on the health and wellness of young people in your community.

Scan Here to Donate!

**SIGN-UP TODAY**  
<https://westcentralmountainyouth.org/support/>

**SUPPORT NOW**

## Planet Youth By YAC Resources Page!



Planet Youth by YAC is a community movement to increase protective factors and decrease risk factors for our youth. We focus on

drug and alcohol prevention and fostering positive mental health. Planet Youth coalitions in Cascade, McCall/Donnelly, Meadows Valley, and Tri Valley use survey data to identify goals and strategies for improving their communities for their youth. If you are interested in joining these efforts or learning more, you can reach out to our Executive Director, Patty Giardina at [wcm.yac@gmail.com](mailto:wcm.yac@gmail.com) or 208-830-0702.

[Visit the YAC website to read more about Planet Youth and the Icelandic Approach](#)

Idaho West Central Mountains Youth Advocacy Coalition (YAC)  
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[www.westcentralmountainyouth.org](http://www.westcentralmountainyouth.org)

**Meadows Valley**  
**AFTER SCHOOL PROGRAM**  
Starting Aug 27th & 29th

**FREE 4-5PM**

Art & Craft  
Every Tuesday & Thursday following school calendar  
@ Meadows Valley Community Center

Learning

- ✓ Snacks
- ✓ Crafts
- ✓ Billiards/Pool
- ✓ Outdoor Activities
- ✓ FUN

**K-12th grade WELCOME**



VCORP, through their collective action will strengthen and expand prevention services in Valley County, break down stigma of recovery workforce, support community stakeholders and improve data identification, sharing, and collaboration.

VCORP meets the second Tuesday of each month 12:30 am to 2:00 pm. To learn more about VCORP or participate in VCORP activities, please contact Shelly or Patty. Shelly Hitt at [SLHitt@cdh.idaho.gov](mailto:SLHitt@cdh.idaho.gov) or Patty Giardina at [wcm.yac@gmail.com](mailto:wcm.yac@gmail.com).

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