

# YAC YOUTH ADVOCACY COALITION

**BUILDING HEALTHY BODIES**  
**HEALTHY MINDS • HEALTHY COMMUNITIES**



**This month we are thrilled to announce we were a selected recipient of the DFC Grant!**

YAC is the proud recipient of the Drug Free Communities grant! This grant will help us reduce substance use among youth in our community.

Our coalition will use these funds to promote prevention efforts that prevent youth substance use and help youth thrive. Together we will demonstrate that local solutions help build safe, healthy, and drug-free communities.

## October Planet Youth & Community Events!

- 10/5/24:** [Alive at 25 Cascade](#)
- 10/5/24:** [New Meadows Fall Harvest Festival at the Park](#)
- 10/6/24:** [Tri Valley Coalition Meeting](#)
- 10/7/24:** [Meadows Valley Coalition Meeting](#)
- 10/16/24:** [Regional Youth Summit- See Flyer Below](#)
- 10/16/24:** [Adult Free Educational Event- See Flyer Below](#)
- 10/18/24:** [Ski Swap @ Payette Lakes Middle School](#)
- 10/24/24:** [Cascade Planet Youth Coalition Meeting](#)
- 10/26/24:** [Witches, Wizards, and Warlocks on the Water](#)
- 10/25/24-10/31/24:** [Boo Barn](#)
- 10/25/24-10/31/24:** [Haunted Barn](#)
- 10/26/24:** [New Meadows Trunk or Treat](#)
- 10/31/24:** [McCall Trunk or Treat](#)

Click on the underlined events to be directed to more information

**CHECK OUT OUR NEW LOCALS CALENDAR  
 CREATED BY JOSH HURLEY IN CASCADE**  
<https://westcentralmountainyouth.org/calendar/>

## Kindness Campaign

**Community Champions Spread KINDNESS**  
 Planet Youth has launched a Kindness Campaign to honor community champions throughout our Region.

**Audrey Crogh, Meadows Valley Public Library**  
 Creating excellent programs for kids, distributing sack lunches during the summer, creating a friendly and inviting place for the community at the library and considering ways to enrich other people's lives. Children in our community and those who attend from outside the community are impacted greatly by the excellent summer reading and story time programs. Local children are impacted with healthy lunches while school lunch program is not running during the summer and all ages are impacted when they participate in the many programs Audrey prepares at the library.

**Theresa Perry**  
 Theresa is always giving out kindness, whether through her Church, 4-H, Idaho Department of Parks and Recreation, and/or as President of Horizons' Lifestyle and Education Team. She has an unwavering commitment to helping others that is to be commended and emulated. Her heart is as big as the world, and she gives freely from it, embodying the true essence of generosity. Her acts of kindness have a great impact on our community. She is one of the founding members of Horizons' Lifestyle and Education Team and has been instrumental in its projects, events, activities, and programming. Even though her daughter is grown and has moved away, Theresa remains dedicated to helping with 4-H and is involved with the children's ministries at her Church. As regional manager of Idaho Department of Parks and Recreation, she ensures Idaho State Parks are plugged into their communities.

"Know someone we should feature? Nominate them here!"  
 Sponsored by: PLANET Youth YAC

**NOMINATE HERE**

# YOUTH SUMMIT

"Break out sessions on mental health, connection and substance use prevention activities."

**OCTOBER 16TH** CHECK-IN AT 8:30AM CHECK-OUT 2:30PM

**QUAKER HILL CAMP**  
1440 WARREN WAGON RD  
MCCALL IDAHO 83638

**KEY NOTE PRESENTATION:**  
YOUTH BRAIN ARCHITECTURE

SCAN HERE FOR CASCADE, MCCALL/DONNELLY, MEADOWS VALLEY, COUNCIL, CAMBRIDGE, MIDVALE & RIGGINS PERMISSION SLIP

OPEN TO 8TH, 9TH & 10TH GRADE STUDENTS OF

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TRANSPORTATION PROVIDED TO AND FROM SCHOOL LUNCH & SNACKS PROVIDED  
For question's please email [wcm.yac@gmail.com](mailto:wcm.yac@gmail.com)

**FREE SPEAKING EVENT WITH**

**KIM HEMMERT & ROGER SHERMAN**

**Play & Learn With PLANET Youth By YAC** YOUTH ADVOCACY COALITION  
BUILDING HEALTHY BODIES HEALTHY MINDS • HEALTHY COMMUNITIES

**PLANET YOUTH UPDATES**

As Planet Youth begins to grow in each individual community we have so much to share, to view our monthly updates and upcoming meeting follow the links below.

[Cascade](#)  
[McCall](#)  
[Donnelly](#)  
[Meadows Valley](#)  
[Tri-Valley](#)

**Did you know?**  
Local youth, ages 13-16 recently reported ...

- 30%** Tried Alcohol at age 13 or younger
- 16%** Have used an e-cigarette
- 12%** Have used cannabis

To see more local data from our youth, or to check out community resources, visit [www.PlanetYouthWCM.org](http://www.PlanetYouthWCM.org)

**TRAINING CENTER**

If you or someone you know is interested in learning more on how to help others please take a look at our eLearning resource page in the link above.

**GET INVOLVED**

Help us inspire, educate and promote healthy youth in our community. YAC is a 501(c)3 Non-Profit Organization.



**Support YAC by Becoming A YAC Sponsor!**  
GET INVOLVED FOR OUR YOUTH!

Help Our Youth Thrive by Supporting Planet Youth Today! By donating today, you will be making an incredible impact on the health and wellness of young people in your community.

**SIGN-UP TODAY**  
<https://westcentralmountainyouth.org/support/>

Scan Here to Donate!

**SUPPORT NOW**

## Planet Youth By YAC Resources Page!



Planet Youth by YAC is a community movement to increase protective factors and decrease risk factors for our youth. We focus on

drug and alcohol prevention and fostering positive mental health. Planet Youth coalitions in Cascade, McCall/Donnelly, Meadows Valley, and Tri Valley use survey data to identify goals and strategies for improving their communities for their youth. If you are interested in joining these efforts or learning more, you can reach out to our Executive Director, Patty Giardina at [wcm.yac@gmail.com](mailto:wcm.yac@gmail.com) or 208-830-0702.

[Visit the YAC website to read more about Planet Youth and the Icelandic Approach](#)

**Meadows Valley**  
**AFTER SCHOOL PROGRAM**  
Starting Aug 27th & 29th

**FREE 4-5PM**

Art & Craft  
Every Tuesday & Thursday following school calendar  
@ Meadows Valley Community Center

Learning

- ✓ Snacks
- ✓ Crafts
- ✓ Billiards/Pool
- ✓ Outdoor Activities
- ✓ FUN

**K-12th grade WELCOME**



VCORP, through their collective action will strengthen and expand prevention services in Valley County, break down stigma of recovery workforce, support community stakeholders and improve data identification, sharing, and collaboration.

VCORP meets the second Tuesday of each month 12:30 am to 2:00 pm. To learn more about VCORP or participate in VCORP activities, please contact Shelly or Patty. Shelly Hitt at [SLHitt@cdh.idaho.gov](mailto:SLHitt@cdh.idaho.gov) or Patty Giardina at [wcm.yac@gmail.com](mailto:wcm.yac@gmail.com).

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Mountains Youth Advocacy Coalition July 12, 2021.

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